Resist Youth Council

Virtual Workshops

1. "How to Start A Resist Chapter"
   **Monday, August 3rd at 10:30am**
   Learn how to start, navigate, and progress your Resist Chapter during this short, virtual workshop. This workshop can help new and existing chapters excel membership, programs, and events.

2. "Everything Resist Sponsors Need to Know"
   **Tuesday, August 4th at 1:00pm**
   For adult sponsors only, this virtual workshop is for new and veteran sponsors to be provided with information on Resist’s future, upcoming programs/events, and much more.

3. "Tobacco & Mental Health"
   **Wednesday, August 5th at 1:00pm**
   In this workshop, attendees can expect to learn the most up to date information on how tobacco and mental health go hand in hand by scientists and health professionals in the field, today.

4. "Tobacco Prevention in the Age of COVID"
   **Thursday, August 6th at 10:30am**
   A youth only meeting, this workshop will be a discussion-based workshop for youth to discuss with other youth how tobacco prevention will look during the age of COVID-19.

Questions??
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**REGISTER HERE:** https://bit.ly/resist176